WEBINAR

CUTS International

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15:00-16:00 Hours
(Indian Standard Time)

Eliminating TFAs from India by 2022
Challenges and Way Forward

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Non Communicable diseases (NCDs) accounts for 61 percent of total deaths in India. This makes NCD an emerging health challenge. The only way to address it is by adopting a healthy lifestyle and avoiding any food which contains industrially produced trans-fats, as these trans-fats are widely recognised as one of the major contributors in NCDs.

India targets to eliminate trans-fat by 2022, a year ahead of the global target by the World Health Organization. Food Safety and Standard Authority of India (FSSAI) had set the deadline to reduce TFAs to 10% in November 2009, followed by further reduction in the limit to 5% in 2014 with a deadline of adherence by 2016. In February 2019, amendments were proposed in **Food Safety and Standards (Food Products Standards and Food Additives) Regulations, 2011** where the targets have been set to reduce the trans-fat to 2% by weight of the total oils and fats by 2022.

FSSAI has amended the **Food Safety and Standards (Prohibition and Restriction on Sales) Regulations, 2019** and issued a draft notification saying that "Food products in which edible oils and fats are used as an ingredient shall not contain trans fatty acids more than two percent." FSSAI has also come out with **Draft Food Safety and Standards (Labelling and Display) Regulations, 2018** which improves on the present gaps but needs further improvements. FSSAI has also issued a draft notification of Food Safety and Standrads (Safe Food and Healthy Diets for School Children) regulating the food sold to school children in school canteens and periphery.

CUTS International is supporting the efforts of FSSAI and Ministry of Health and Family Welfare, Government of India for last couple of years to eliminate trans fat from India. In this context, CUTS is organizing a webinar on the given subject to bring in relevant stakeholders for brainstorming on the related draft regulations of Trans Fats to understand the relevant issues and underlining the importance of earliest notification of the same.

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The webinar will be organised on Zoom platform.
The meeting link will be shared with the registered participants only.
To Register: https://forms.gle/6juKERvxfb5Y2xna8