

Organic Facts

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**Nutrients\***


- Fat 91%
- Protein 48%
- Calories 31%
- Dietary Fiber 27%

**Vitamins\***

- Vitamin B6 29%
- Pantothenic Acid 17%
- Vitamin E 9%
- Riboflavin 8%

**Minerals\***

- Manganese 195%
- Copper 88%
- Phosphorus 51%
- Magnesium 50%



- Boosts immune system
- Aids in preventing cancer
- Reduces risk of coronary heart diseases
- Helps to relieve constipation and diarrhea
- Effective in providing relief from sore throat
- Prevent fungal infections such as Athlete's foot
- Aids in improving health and appearance of skin

Link: <https://plus.google.com/+OrganicfactsNet/posts/2mm65QxV5Xo>